

# Sports Leadership Programme 23-25

## At FreshSteps

### Course content

Enrolling onto the Sports Leadership Programme at FreshSteps is an exciting opportunity to develop confidence, self-esteem, and leadership skills. There are multiple qualifications that are on offer with this programme. The qualifications available are the **EE Playmaker Course**, **Young Leader Award**, **Level 1 Qualification in Sports Leadership** and **Level 2 Qualification in Community Sports Leadership**.



### Assessment Overview

To achieve qualifications students will need to demonstrate leadership skills within their group and deliver practical sport sessions. Alongside this, there will be written tasks that need to be completed to show understanding of each unit.

### Progression

Once qualified, students will be able progress on to the next level of the qualification. Students will be able to lead sessions with indirect supervision and will be responsible for maintaining the safety of a session. The qualifications will allow students to gain work experience with local clubs and organisations.

### The Young Leader Award

- This award is a great introduction to leadership, giving young people knowledge of how to organise and lead small games and activities that can be used as a part of uniformed organisation, community club or sports club sessions.
- 10 learning hours



### Level 1 Qualification in Sports Leadership (SL1)

- SL1 is a nationally recognised qualification that enables successful learners to assist in leading purposeful and enjoyable sport/physical activity, under direct supervision.
- 21 learning hours
- Course can be stretched over a long period of time to cater for all learners.
- Each student has a workbook that they work through to gain the qualification.

- There are two units:
  - Unit 1: Establishing leadership skills.
  - Unit 2: Plan, assist in leading and review sport/physical activities.

### Level 2 Qualification in Community Sports Leadership (CSL2)

- CSL2 is nationally recognised qualification that enables successful learners to lead safe, purposeful and enjoyable sport/physical activity, under indirect supervision.
- 48 learning hours
- Course can be stretched over a long period of time to cater for all learners.
- Each student has a workbook that they work through to gain the qualification.
- There are four units:
  - Unit 1: Building leadership skills.
  - Unit 2: Plan, lead and evaluate sport/physical activity sessions.
  - Unit 3: Assist in planning and leading a sports/physical event.
  - Unit 4: Lead sport/physical activity sessions in your community

### EE Playmaker Course

EE Playmaker by England Football is an entry-level football course for anyone interested in taking a more active role in grassroots football.

There five modules in total which are:

- Make football 'For All'
- Connect with your players.
- Create fun sessions.
- Keep football safe.
- Take your next step.



By the end of the course, learners will be able to help at local grassroot football clubs and prepare themselves for their Introduction to Coaching Football qualification (previously known as [FA Level 1 Coaching](#))