

FOOTBALL & EDUCATION PROGRAMME (BTEC SPORTS)



FOR
PUPILS AGED 14-19

WHERE
FreshSteps Sixth Form Hub
Unit 36-38, Island Centre Way,
Enfield,
EN3 6GS

ABOUT THE COURSE

The Football and Education Programme is designed for pupils who wish to train/play like professional's whilst studying for a BTEC Sports qualification. We believe that through the power of sport, we can provide opportunities and pathways for our student-athletes.

In partnership with Diverseball, the programme will be both practical and theory based, allowing the pupils to develop their football & sporting ability, whilst gaining a BTEC Sports qualification.

ACADEMIC STUDY

Academic study can lead to extended courses within the sports industry and gives learners the opportunity to develop and apply skills in English and Math's, in naturally occurring, relevant contexts. The course will cover areas in sport, such as body systems, psychology, nutrition, technology, and leadership within sports.

PRACTICAL STUDY

The practical delivery of the programme will be led by a UEFA Licensed professional football coach and FA Coach Developer (tutor).

The practical side of the course will see the learners (student-athletes) train daily to improve their sporting and footballing ability, gain first-hand experience in participating in sports training & fixtures.

OPPORTUNITIES

- Access to and support with: FA Playmaker/Level 1 Introduction to Coaching Football and refereeing courses.
- Coach mentoring & real-life work experience within the industry
- Coaching opportunities with organisation/linked clubs
- Opportunities for further study

Careers in sports industry

Football & Education programme (BTEC Sports)

BTECs – what are they?

BTECs are designed as specialist work-related qualifications and are available in a range of sectors, such as business, engineering and ICT. A number of BTECs are recognised as Technical Certificates and form part of the Apprenticeship Framework.

Although they're often studied by full-time students, BTECs also provide career development opportunities for those already in work. Consequently, some schools, colleges and training centres provide courses part-time.

An example of some AQA unit awards to support the BTEC Programme

In successfully completing this unit, the learner will have	Evidence Needed
Demonstrated the ability to 1. listen to and follow safety instructions for playing a given team game	Summary sheet
2. stick to their given position or team during the game, whilst giving appropriate instructions	Summary sheet
3. pass the ball to other members of the team to share possession whilst working as a team.	Summary sheet
4. compete with others, eg for possession of a ball	Summary sheet
5. correctly react to the main situations of a game, eg by returning to a specific part of a pitch after a goal has been scored	Summary sheet

6. practise their hand eye coordination, eg by taking part in throwing and catching drills	Summary sheet
7. take part and play in at least four team game situations.	Summary sheet

In successfully completing this unit, the learner will have	Evidence Needed
Demonstrated the ability to	Summary sheet
1. dress appropriately for the gym	Summary sheet
2. perform and lead a warm up	Summary sheet
3. Perform and lead three exercise workouts	Summary sheet
4. Perform and lead a cool down after exercise	Summary sheet

5. accept support when appropriate	Summary sheet
6. work safely in the gym	Summary sheet
7. plan or set exercise goals for three sessions	Summary sheet
Experienced 8. exercising in a gym for at least three sessions	



For more information regarding FreshSteps Sixth Form Hub and for application forms please go to our school website or contact the school.

Website : www.freshstepsindependentschool.org.uk

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