



LUNCH MENU

WEEK 2



Est 2011.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------|-----------------------------|----------------------|------------------------------|-------------------------|-------------------|
| Protein - meat opt | Creamy chicken and mushroom | Beef bolognaise | Roast chicken thigh in gravy | Lamb curry | Fish fingers |
| Protein - veg/vegan opt | Tofu stroganoff | Vegetable bolognaise | Quorn roast in gravy | Chickpea curry | Vegetable nuggets |
| Starchy food | New potatoes | spaghetti | Roast potatoes | Brown rice | Potato fondants |
| Veg/salad | Broccoli and carrot | Mixed salad | Green beans and carrots | Butternut squash samosa | Baked beans |
| Dessert | Fruit fromage frais | Seasonal fruit | Fruit salad | Seasonal fruit | Fruit yogurt |